

BATMO BISTRO



CHOCOLATE HUMMUS

INGREDIENTS

1 can (15 oz) of garbanzo beans
4 T. cocoa powder, unsweetened
2 T. peanut butter
1/4 cup pure maple syrup
1 t. vanilla extract
Blender or food processor

DIRECTIONS

Combine all ingredients in a blender or food processor and blend until smooth and creamy. Serve with fresh fruit for dipping. Enjoy!

TASTY TIP

- Also delicious served with warm pita bread.

