



YOGURT FRUIT BOWL

INGREDIENTS

- 1 apple (chopped)
- 20-30 red or green seedless grapes (cut in half)
- 1 cup chopped walnuts
- 1 cup dried cherries, cranberries or raisins
- 2-3 cups vanilla Greek yogurt

DIRECTIONS

Combine all ingredients in a mixing bowl. Spoon into individual serving bowls and enjoy!
Can be kept in a sealed container in the refrigerator for up to 5 days.

ECO TIP

- Use the empty yogurt container to store leftover fruit salad in the refrigerator

